

Eastern Sierra Behavioral Health Provider List

Provider / Contact Info	Client Focus - Individual (I), Couples (C), & Family (F)	Insurance	Specialties/Services
<p>Mono County Behavioral Health Mammoth Lakes P: (760) 924-1740 F: (760) 924-1741 Crisis Intervention/After Hrs: (800) 687-1101 https://monocounty.ca.gov/behavioral-health</p>	<p>Adults, Adolescents, Children (I & F)</p>	<p>Medi-Cal, Medicare, Self-Pay</p>	<p>Crisis Counseling, Medication Evaluation/Social Work, Individual Counseling, Group Counseling, Family Counseling, Early and Periodic Screening Diagnosis and Treatment (EPSDT) Mental Health Services (under 21 y/o), Therapeutic Behavioral Services (TBS) which is a EPSDT mental health services for children and young people.</p>
<p>North Star Counseling Mammoth P: (760)-924-4622 Email:northstarl@mono.ca.gov Website: https://www.northstarmono.org/ Bishop P: (760) 873-3262 Ext 2585</p>	<p>Children & Adolescents (I, F, Peers)</p>	<p>Free</p>	<p>Behavioral Problems, Issues in the Home, Separation Divorce, Anxiety/ Fear, Low Self-Esteem, Bullying, Depression, Eating Disorders, Communication Issues, Conflict Resolution, Family Crisis, Anger Management, Grief</p>
<p>Eastern Sierra Counseling Mammoth & Bishop Daniel Ranson, LCSW P: (760) 709-0262 Email: eastsierracounseling@outlook.com https://www.eastsierracounseling.com Timothy R. Taylor, M.D., Alexandra Odom, MD, Dr. Jeff Kleinberg, PhD, LMFT, Gina Ameri, PMHNP, Amy Jensen, PMHNP-BC, Jan Rosser, LMFT, Nogu Tran, LMFT, Chrystina Pope, LMFT, PhD, Bob Huey, LMFT, Tom Martin, LMFT, Sandra Vilalpando, LCSW</p>	<p>Adults, Adolescents, Children (I, C, F)</p>	<p>Aetna, Anthem, Bule Shield, Med-i Gal, CA Health & Wellness, Employee Assistance Program (EAP), Medicare, and Curialinc Initial Psychiatry \$60 FU/ \$350 Psychotherapy \$250-350 Psychotherapy &Psychiatry Waitlist 1-2 Weks ADHD Testing Waitlist 1Month (4/18/24)</p>	<p>Anxiety, Depression, Trauma and PTSD Depression & Anxiety, Marriage & Family, HR & Employe Assistance Programs In-Person & Telemedicine</p>
<p>Inyo County Behavioral Health- MH 247 Access Line: (800) 841-5011 Lone Pine Office P: (760) 873-6533 https://www.inyocounty.us/behavioral-health</p>	<p>Adults, Adolescents, Children</p>	<p>Medi-Cal Inyo County Only Sliding Scale</p>	<p>Crisis Counseling, Medication Evaluation/Social Work, Individual Counseling, Group Counseling, Family Counseling, Early & Periodic Screening Diagnosis Treatment (EPSDT), Mental Health Services (under 21 y/o), Therapeutic Behavioral Services, which is EPSDT mental health services for children & young people.</p>
<p>Toiyabe Indian Health Project- BHF/M P: (760) 873-6394 https://www.toiyabe.us Michelle Saenz, MFT (Director), Robert Kittle, LCSW, Natalie Vega, MS, Sheila Tumer, CADC II, Pat Nelson, CADC II, Paul Ohnopee Chavez, MSWI *Coleville location closed</p>	<p>Adults, Adolescents, Children May require patient to establish with their FMC. Specializing in American Indian behavioral health</p>	<p>Private Insurance, Medicare, Med-iCal, County Medical Service Program (CMSP) Accepting both Native & Non-Native patients.</p>	<p>Individual therapy, Group therapy, Psychiatry, Evidence-based Treatment Modalities, Trauma -Focused Treatment, Art Therapy, Play Therapy (children), Couples Counseling, Grief and Loss Support Groups, Bilingual Services (Spanish), Telehealth Services</p>

Providers / Contact Info	Client Focus - Individual (I), Couples (C), & Family (F)	Insurance	Specialties / Services
<p>Northern Inyo Hospital Behavioral Health & Virtual Care Clinic 150 Pioneer Lane, Bishop, CA 93514 P: (760) 873-5811 https://www.nih.org/services/behavioral-health/ Linda Christensen, LCSW (Telehealth), Sue Park. PMHNP (In-Person)</p>	<p>Adults, Adolescents, Children</p>	<p>Medicare, Medi-Cal, Private insurance, Financial Assistance</p>	<p>Anxiety, Depression, Stress, Mood and Energy Regulation, Motivation, Personal Crisis, Relationship Issues, Chronic Pain, Grief, Obsessive Thoughts/Compulsive Behaviors, Eating Patterns, Pain Management, Adjusting to Change, Health and Wellness, Trauma</p>
<p>Alpine Recovery Center Dr. Paul Dibble & Cory Mann 375 E. Line Street P: (760) 873-4357 https://www.alpinecenterbishop.com In person & Zoom Available Outpatient, IOP, Partial Hospitalization</p>	<p>Adults, Adolescents</p>	<p>Medicare, MediCal, Private Insurance, Military Insurance, Access to Recovery voucher, Payment Assistance Sliding Scale.</p>	<p>Persons With Co-Occuring Mental And Substance Abuse Disorders, Lesbian, Gay, Bisexual, or Transgender (LGBT) Clients, Veterans, Active Duty Military Families, Clients Referred From The Court/Judicial System (other than DUI/DWI) Trauma, Sexual Abuse, Domestic Violence, Aftercare/continuing care, Treatment for Non-Substance Abuse Addiction, Case Management, Comprehensive Mental Health Assesment, Comprehensive substance abuse assessment, Domestic Violence Services, Self-help groups, Screening for Mental Health Disorders, Screening for Substance Abuse, Social Skills Development, State Substance Abuse Agency, State Department of Health, State mental health department</p>
<p>Mammoth Hospital Behavioral Health Clinic 85 Sierra Park Road / PO Box 660 Mammoth Lakes, CA 93546 760-924-4333 https://mammothhospital.org/home/medical-services/behavioral-health/</p>	<p>Adults, Adolescents, Children</p>	<p>Medical, Medicare, Private insurance</p>	<p>Depression, Anxiety, PTSD, Grief, ADHD, LGBTQIA, insomnia, mood disorders, substance use counseling, phase of life problems, pediatric psychological concerns. Any thoughts, feelings or behaviors that can be impacting health.</p>
<p>Wild Iris Family Counseling and Crisis Center Website: wild-iris.org 24/7 crisis line (877)-873-7384 625 Old Mammoth Rd #201 Mammoth Lakes, CA 93546 Phone: 760-934-2491 150 N Main St. Bishop, CA 93515 Phone: 760-873-6601</p>	<p>Adults, Adolescents, Children</p>	<p>Our services are provided at no charge</p>	<p>Specializes in domestic violence crisis, sexual abuse, child abuse, Parenting and Co-Parenting Classes, Supervised Visitation Monitoring, Youth Violence Prevention, CASA (Court Appointed Special Advocate), 52- Week Court Ordered Parenting</p>
<p>Ann Linaweaver, MFT Mammoth Lakes P: (760) 914-0050</p>	<p>Adults, Adolescents, Preteen (I, C, F)</p>	<p>Medi-Cal, Sliding Scale, Anthem, MHN Health Net, BlueShield BS Covered AC</p>	<p>Addiction, Anger Management, Behavioral Issues, Bipolar Disorder, Bisexual, Child, Chronic illness, Codependency, Coping Skills, Divorce, Domestic Abuse, Eating Disorders, Emotional Disturbance, Family Conflict, Lesbian, LGBTQ+, Mood Disorders, Obsessive-Compulsive (OCD), Parenting, Personality Disorders, School Issues, Self Esteem, Self-Harming, Sexual Abuse, Sleep orr Insomnia, Stress, Substance Use, Trauma and PTSD, and Women's Issues</p>
<p>Mary K Prentice, MA, MFT P.O. Box 47 Sherwin Professional Plaza 549 Old Mammoth Rd. (upstairs) Mammoth Lake, CA 93546</p>	<p>Adults, Adolescents, Children</p>		<p>Marriage & Couples Therapy Family Court Mediator</p>

Private Practices

Provider / Contact Info	Client Focus - Individual (I), Couples (C), & Family (F)	Insurance	Specialties/Services
Christina Caro, PHD Mammoth & Bishop P: (408) 768-8636 F: (760) 923-8875 https://www.christinacarophd.com/	Adults & Couples Only	Does NOT accept Medi-Cal In-Network with: Anthem Blue Cross, HealthNet, MediCare, Aetna and MHN PPO, MHN Employee Assistance Program (EAP), Mammoth Mountain Ski Area EAP, FEI EAP, and Magellan EAP Rate	Psychotherapy, Consulting Psychologist, Couples Therapy, Brief/Short-term therapy, Organization development, Life and Professional Coaching, Therapy for Depression & Anxiety, Trauma & Post Traumatic Stress Disorder Treatment, Divorce, Grief Counseling, Work and Career Issues, Stress Management, Highly Sensitive People, High functioning Autism/Asperger's, Self-esteem and Personal Growth, Spirituality, Brief and Employee Assistance Program Counseling, Identity and other Existential Issues
Paul Elia, LMFT Bishop, CA P: (760) 920-5256 Email: paulelia.cfb@gmail.com	Adults, Adolescents, Children (I, C)		A lack of motivation, feelings of emptiness or lack of purpose; feeling trapped by feelings of anxiety, stress, or anger; an unexpected or unwanted life change, such as divorce, illness, or loss; at the edge of a major life transition; the ripple effect from past or present trauma; difficulties with conflict and communication; missing a sense of vitality and/or intimacy in their relationship; or, simply being tired of wearing a face every day that doesn't reflect how they truly feel or how they want to feel.
Crystal A. West, LMFT 212 Grove St. Bishop, CA 93514 760-872-2418	Adults, Adolescents, Children (I, C, F)	Blue Shield BS Covered CA, Aetna, Anthem Elevance, Cigna and Evernorth, Medi-Cal, Oscar, Health, Oxford, UnitedHealthcare UHC UBH	Trauma and PTSD, Anxiety, Relationship Issues, ADHD, Behavioral Issues, Child, Coping Skills, Depression, Domestic Abuse, Domestic Violence, Emotional Disturbance, Family Conflict, Grief, Life Transitions, Marital and Premarital, Oppositional Defiance, Parenting, Peer Relationships, Pregnancy, Prenatal, Postpartum, School Issues, Sexual Abuse, Stress, Women's Issues
Helen French, LCSW Sierra Bliss Counseling 686 W. Line St., Bishop, CA 93514 P: (760) 582-6372 x104 F: (442) 228-5004	Adults, Adolescents, Children	Sliding Scale, Medicare, ACI Specialty Benefits	Depression, Anxiety, Family Conflict, Anger Management, Behavioral Issues, Relationship Issues, Trauma and PTSD
Alice Sherbow, LMFT Bishop, CA P: (760) 258-5676 In-person & Telehealth	Adults, Adolescents, Children (I, C)	Provides Super Bill	Situational Transition, Depression, Trauma and Recovery
Tanya Zaleschuk Licensed Educational Psychologist 386 W LINE ST., Bishop, CA, 93514 P: (760) 872-9153	Children	Provides Super Bill, Cost discussed during Free Initial Consultation	Learning Disabilities, Dyslexia, Dysgraphia, Dyscalculia, Attention Deficit Disorder, Executive Functioning issues, Autism Spectrum Disorder, Behavioral concerns, Anxiety, adjustment, multisensory interventions, School Phobia/Anxiety, Gifted Testing/Advocacy /Support, Kindergarten Readiness, Identifying Intellectual Disabilities (using cognitive and adaptive skills assessments), Legal compliance consultation

Provider / Contact Info	Client Focus - Individual (I), Couples (C), & Family (F)	Insurance	Specialties / Services
<p>Alex Ellis, LMFT Mammoth & Bishop P: (760) 392-6210 https://www.alexellismft.com/ *Not Accepting New Patients**</p>	<p>Adults, Adolescents, Children</p>	<p>\$140-170/55min (Initial Free)</p>	<p>Supervised Visitation, Parenting Support, Child Abuse Issues, Trauma Recovery, Sexual Assault, Domestic Violence Recovery, Work & Career Issues, Stress Management, Certified Grief Specialist, Grief Recovery Institute, Certified Anger Management, Therapy for Depression & Anxiety, Family Counseling</p>
<p>Daniel Ranson, LCSW I Eastern Sierra Counseling PO Box 9190 272 Sierra Manor Rd., Suite BI Mammoth Lakes, CA 93546 136 South Main st., Suite 2B, Bishop, CA 93514 (760) 586-7746</p>	<p>Adults, Adolescents Children</p>	<p>Anthem, Aetna, Healthnet, Medi-CAL Anthem, Medi-CAL, Blue Shield, Magellan (often a Blue Shield carve out on Covered CA plans)</p>	<p>Addiction, Autism, ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Bisexual, Child, Chronic illness, Codependency, Cognitivities Behavioral Therapy, Coping Skills, Depression, Divorce, Domestic Abuse, Eating Disorders, Emotional Disturbance, Family Conflict, Lesbian, LGBTQ+, Mood Disorders, Obsessive-Compulsive (OCD), Parenting, Personality Disorders, School Issues, Self Esteem, Self-Harming, Sexual Abuse, Sleep orr Insomnia, Stress, Substance Use, Trauma and PTSD, and Women's Issues. Psychiatry, Employee Assistance Program, HR Services</p>
<p>Jesse Giunta Rafeh, LMFT 818-963-9123</p>	<p>Young Adults & Families (I, C, F)</p>	<p>Sliding scale</p>	<p>Life Coaching, Anxiety and Life Transitions with expertise in Child Therapiy</p>
<p>Nancy T. Akalin, PhD 85 Sierra Park Rd, Mammoth Lakes, CA 93546 760-914-3241 nancyakalin@gmail.com</p>	<p>Adults</p>	<p>Cash, Private insurance</p>	<p>Depression, anxiety and relationship issues</p>
<p>Connie Henderson, LCSW P.O. Box 284 Sherwin Professional Plaza 549 Old Mammoth Rd Mammoth Lakes, CA 93546 760-934-4400 conniehendersonlcsw@yahoo.com</p>		<p>Aetna, Blue Shield, Cigna and Evernorth, Humana, Magellan, MediNcrease Health Plans (MHP), MultiPlan, Optum, Partners Direct Health, PHCS Network, Sana Benefits, UMR, UnitedHealthcare UHC UBH</p>	<p>Top Specialties: Medication Management, Anxiety, LGBTQ+ Expertise: ADHD, Depression, Grief, Psychosis, Transgender, Trauma and PTSD, Women's Issues</p>
<p>Judy Hubbard-Liu, LMFT 549 Old Mammoth Rd Suite 10 Mammoth Lakes, CA 93546 (760) 518-9242 judyaliu.com</p>	<p>Adults, Adolescents, Children</p>		<p>Trauma, anxiety and depression, relationship issues, wellness, as well as bereavement and end of life issues</p>

Provider / Contact Info	Client Focus - Individual (I), Couples (C), & Family (F)	Insurance	Specialties/Services
<p>Keith Anderson, Ph. D Southern Inyo Rural Health Clinic 152 Pioneer Ln. Suite H PO Box 873 Bishop, CA 93514 (760) 876-1146</p>	<p>Adults, Adolescents, Children</p>	<p>Private insurance, financial assistance</p>	
<p>Kathleen Citrenbaum, LCSW 308 W. Line St. #4/ PO Box 521 Bishop, CA 93514 (760) 872-4315</p>			<p>Anger Management, Anxiety, Compassion Fatigue, Parenting, Rape and Sexual Assault, School Issues.</p>
<p>Janet Hambleton, PhD P.O. Box 1015 136 S. Main St Bishop, CA 93514 760-872-3613 hambletonjan@yahoo.com</p>			<p>Specializes in court approved child custody and visitation mediation</p>
<p>Chrystina Pope, PhD, ABD, MFT 162 Grove St # J Bishop, CA 93514</p>	<p>Adolescents, Adults (I, C, F)</p>		<p>Top Specialties: Emotional Disturbance, Trauma and PTSD, Anxiety Expertise: Bipolar Disorder. Borderline Personality (BPD), Depression, Domestic Violence, Dream Tending, Grief, Mood Disorders</p>
<p>Kim Frey, PhD, LCSW Certified EMDR Specialist Bishop, CA P: (760) 582-9221</p>	<p>Adults, Adolescents, Children</p>		<p>Complex-PTSD, PTSD/Trauma, Depression & Anxiety, Adjusting to New Circumstances</p>
<p>Janet Guglielmino, Ph.D 686 W Line St Bishop, CA 93514 (760) 872-4000</p>	<p>Adolescents, Adults (I, C, F)</p>	<p>Private insurance</p>	<p>Attention-Deficit/Hyperactivity Disorder (ADHD), Compassion Fatigue, Dyslexia, Grief, Obsessive Compulsive Disorder (OCD), Online Therapy, Addiction / Substance Abuse, Anger Management, Anxiety, Bereavement / Grief Counseling, Bipolar Disorder, Depression Post-Traumatic Stress Disorder (PTSD) Counseling, Psychotherapy, Stress</p>
<p>Betsy Perluss, MFT, PhD, LMFT, LPCC https://betsyperluss.com/about/</p>	<p>Adults, Adolescents, Children</p>	<p>Sliding scale, cash, private insurance</p>	<p>Life Transitions, Anxiety, Depression, Behavioral Issues, Body Positivity, Child, Codependency, Divorce, Emotional Disturbance, Grief, LGBTQQ, Multicultural, Open Relationships Non-Monogamy, Racial Identity, Relationship Issues, Self Esteem, Sex-Positive, Kink Allied, Spirituality, Stress, Transgender, Trauma and PTSD, Women's Issues</p>

Provider / Contact Info	Client Focus - Individual (I), Couples (C), & Family (F)	Insurance	Specialties / Services
Alice A Sherbow, LMFT Bishop, CA 93514 (760) 214-9819	Adolescents, Adults (I, C, F)	Sliding scale, cash	Expertise: Addiction, ADHD, Alcohol Use, Career Counseling, Codependency, Coping Skills, Depression, Dissociative Disorders (DID), Divorce, Dual Diagnosis, Family Conflict, Grief, LGBTQ+, Marital and Premarital, Psychosis, Relationship Issues, School Issues, Self Esteem, Spirituality, Sports Performance, Stress, Substance Use, Suicidal Ideation, Trauma and PTSD, Women's Issues
Apogee Educational Assessments 386 West Line Street Bishop, CA 93514 760-937-2248	Children, Adolescents	Sliding scale, cash	Top Specialties: Child, Neurostimulation for variety of issues, Expertise: ADHD, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Chronic Impulsivity, Chronic Pain, Coping Skills, Depression, Developmental Disorders, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Grief, Intellectual Disability, Obsessive-Compulsive (OCD), Oppositional Defiance (ODD), Parenting, Self Esteem, Sleep or Insomnia, Stress, Substance Use, Suicidal Ideation, Teen Violence, Testing and Evaluation, Transgender, Traumatic Brain Injury (TBI)
Alex Ds Ellis, MA, MFT Mammoth Lakes & Bishop 760.937.0711 alex@alexellismft.com	Adults, Adolescents, Children	Private insurance, cash, sliding scale	Supervised Visitation, Parenting Support, Child Abuse Issues, Trauma Recovery, Sexual Assault, Domestic Violence Recovery, Work and Career issues, Stress Management, Certified Grief Specialist, Grief Recovery Institute, Certified in Anger Management, Anderson & Anderson Method, Therapy for Depression and Anxiety, Family Counseling
Destiny Conde, LMFT (760) 492-7981 Telehealth	Adults, Adolescents	Aetna, Anthem, Blue Cross and Blue Shield of MA, Blue Shield of CA, Carelon, Cigna, Decent, Kaiser Permanente (Southern Ca), MHN, Optum, Tricare West	Coping Skills, Parenting, Relationship Issues, Self Esteem, Anxiety, Depression
Carina deManigold, LCSW (760) 309-3370	Adults (I, C)		Anxiety, depression, grief, trauma, survivors of suicide loss, end-of-life, and challenging life transitions
Gayle Marroquin, LMFT (408) 516-5707 Telehealth	Adolescents, Adults	Aetna, Anthem Elevance, Blue Cross Blue Shield, Cigna and Evernorth, Coventry, Empire BlueCross BlueShield, GEHA, Health Net, MHN Health Net, MHNet Behavioral Health, Optum, Oscar Health, Oxford, Sutter, TRICARE, UMR, UnitedHealthcare UHC UBH	Anxiety, Depression, Domestic Violence, Family Conflict, Grief, Life Transitions, Parenting, Relationship Issues, Self Esteem, Self-Harming, Sexual Abuse, Stress, Suicidal Ideation, Trauma and PTSD, Racial Identity, Coping Skills