

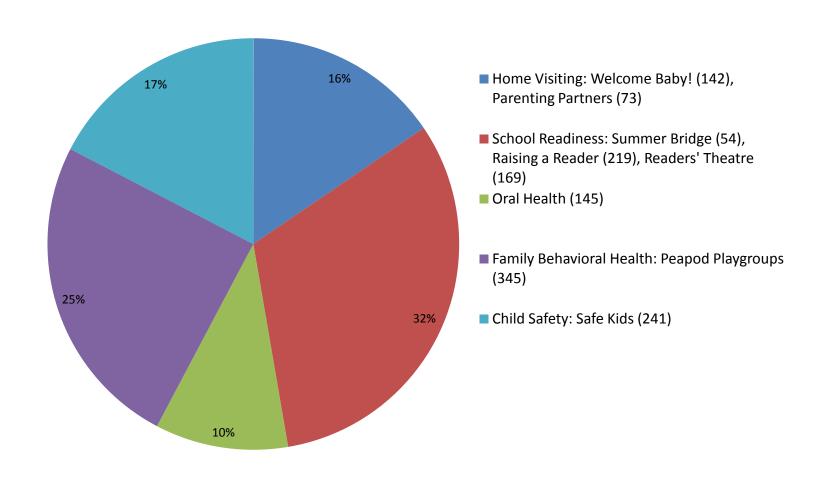
FY 2014-2015 Evaluation Report

Our goal is to enhance the network of support services for families with children ages 0 to 5 years.

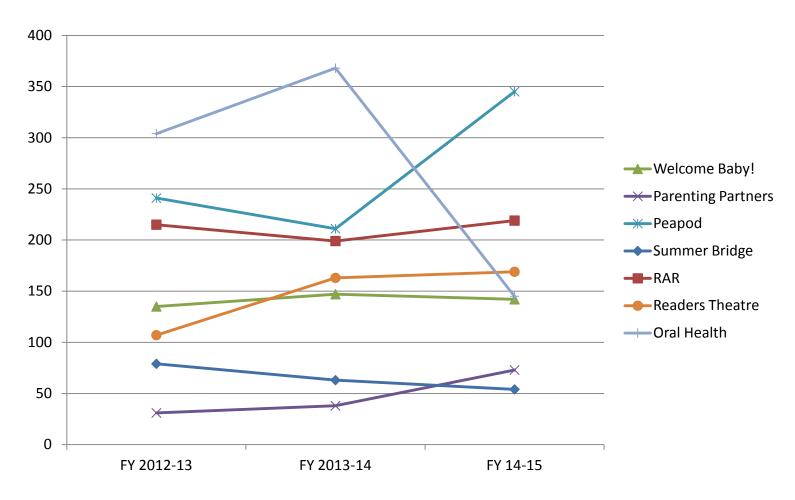
#### **About the Commission**

- The California Children and Families Act (also known as Proposition 10 or "First 5") was enacted in 1998, increasing taxes on tobacco products to provide funding for services to promote early childhood development from prenatal to age 5. Mono County currently receives approximately \$390,000 a year from these funds, through annual allocations, augmentations for small population counties, and child care quality matching funds. To access these funds, the county must adopt a strategic plan that shows how it will use Proposition 10 funds to promote a comprehensive and integrated system of early childhood development services.
- The Mono County Children and Families Commission, First 5 Mono, was created in 1999 by the Mono County Board of Supervisors to:
  - Evaluate the current and projected needs of young children and their families.
  - Develop a strategic plan describing how to address community needs.
  - Determine how to expend local First 5 resources.
  - Evaluate the effectiveness of funded programs and activities.

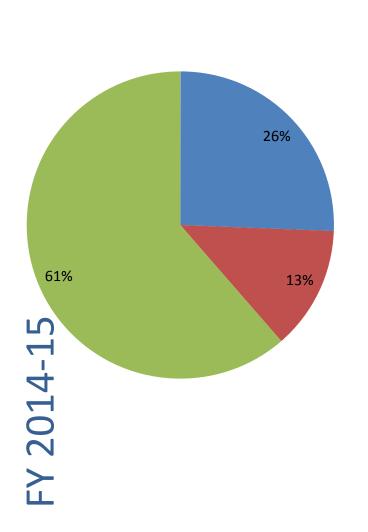
### Children's Participation in First 5 Mono Funded Programs by Objective Area



## Children's Participation in First 5 Mono Funded Programs by Program



### Children's Participation in Commission-Run Programs FY 2014-2015



■ Welcome Baby (144)

■ Parenting Partners (73)

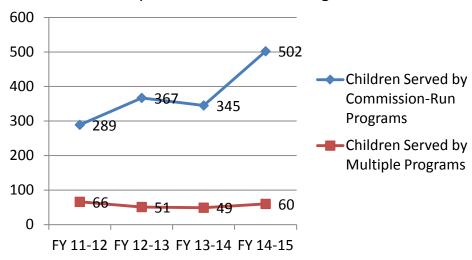
■ Peapod (345)

Total: 502

Children served by multiple

programs: 60, 11%

#### Children in Commission-run programs & children in Multiple Commission-run Programs



#### **HOME VISITING**

Investment: \$140,643

Funding from First 5 California, Small County Augmentation (\$109,360)

**Parenting Partners** 

Funding Partner: Department of Social Services; Child Abuse Prevention, Intervention, and Treatment (CAPIT)Grant (\$29,902)

Conducted by First 5 Mono

Welcome Baby!, Childbirth Education & Café Mom

Funded & conducted by First 5 Mono, funding support from:

- Mammoth Hospital Lamaze Training Reimbursement(\$976)
- Childbirth Education participant fees (\$265)
- Breast pump attachment fees (\$140)

#### Rational

Home visiting is offered to families and included in the First 5 Mono Strategic plan because it is a nationally recognized strategy to improve outcomes for children and families. It is has been demonstrated to improve family functioning, decrease child abuse, and improve school readiness and literacy. In partnership with other community agencies, First 5 also provides lactation services through its home visiting efforts—as such services greatly enhance the will and ability for moms to sustain breastfeeding contributing to overall childhood health.

Supporting research based on the Parents as Teachers Curriculum used in First 5 Mono programs includes:

Promising Practice Local Model: Modified Parents as Teachers Evidence-based framework: Pfannenstiel, J. C., & Zigler, E. (2007). Prekindergarten experiences, school readiness and early elementary achievement. Unpublished report prepared for Parents as Teachers National Center.

Snow, C.E., Burns, M., and Griffin, P. (Eds.). (1998). Preventing reading difficulties in young children. Washington, DC: National Academy Press.

Parents as Teachers has a long history of independent research demonstrating effectiveness. For more details, refer to the Parents as Teachers evaluation brochure or Web site, www.parentsasteachers.org.

#### Home Visiting



Welcome
BABY!
Provided by First 5 Mono County

Parent-educator led parent-child activities using Parents as Teachers curriculum

#### Target:

- Welcome Baby! (WB!): Families with children prenatal to 12 months old
  - **Schedule:** Eight, one-hour home visits—more as needed for high needs.
- Parenting Partners (PP): High-needs families with children 1-5 years old
  - **Schedule:** Three, one-hour home visits—more as needed.

#### Objectives:

- Facilitate parents' role as their child's first and most important teacher
- Provide information on typical child development
- Stimulate child development by providing age appropriate activities
- Increase and support breastfeeding and literacy activities
- Link families to community services, and support access to services
- Conduct developmental screenings and refer families to early intervention programs for assessment,
- Provide culturally competent services in Spanish and English,
- Facilitate optimal family functioning
- Decrease child abuse and neglect

#### Referral Source

	Number	Percent
Mammoth Hospital Labor & Delivery	44	25%
Welcome Baby!	37	21%
Childbirth Education	18	10%
Self	16	9%
Community Event	12	7%
Obstetrics/ Women's Clinic	9	5%
Child Protective Services/Department of Social Services	6	3%
Other Family/Friends	5	3%
Pediatrician	4	2%
Peapod	3	2%
Northern Inyo Hospital	1	1%
Mono County Health Dept.	0	0%
Other/Unknown	19	11%
Total:	174	

### Parenting Partners



#### Visits Provided & Families Served Parenting



	FY 2014-15	FY 2013-14	FY 2012-13
Prenatal Visits	34	43	28
Home Visits	655	607	531
Total Visits	689	650	559

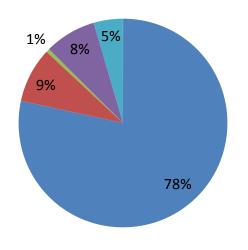


	FY 2014-15	FY 2013-14	FY 2012-13
New Families Enrolled in WB!	86	98	81
Births to Mono County Residents*	143	142	131
% of Babies in WB!	60%	69%	62%
Families Receiving WB! Visits	142	147	135
Families Receiving PP Visits	55	38	46
Families enrolled in WB! & PP	38	35	30
Total Families Served	159	150	151

#### Demographics







#### **Family Mailing Address Area**

■ Mammoth Lakes Area (138)

■ June Lake/Lee Vining (15)

■ South County (1)

■ North County (14)

■ East County (8)

High Needs	
Families	42
Total Categories	19
Teen Parent	10
Child with disability	19
Low income	64
Multiple Children under 5	36
Homeless/Unstable Housing	10

Children's Race and Ethnicity				
Non-	107	American Indian	6	
Hispanic		White	88	
		Multi race/other	13	
Hispanic	89	Not collected		

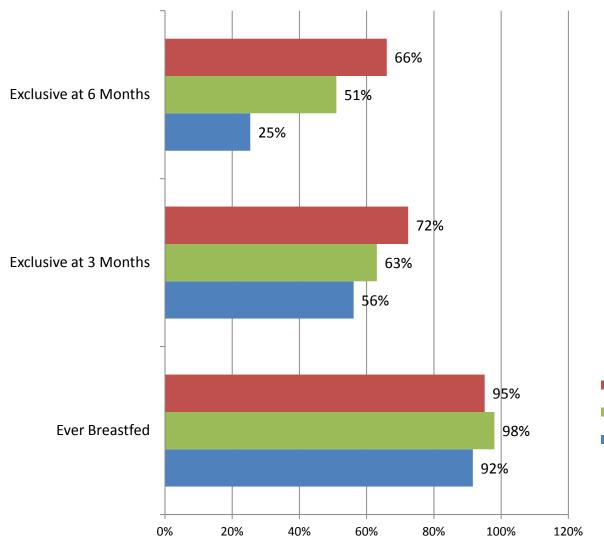
#### Referrals to Community Organizations



	FY 2014-15		FY 2013-14		FY 2012-13	
Community Resource	Referred	Accessed	Referred	Accessed	Referred	Accessed
Adult Education/Job Training	5	1				
Dental Services	2	1	1	1	1	-
Early Intervention	12	8	17	13	7	6
Early Education Setting & General Childcare/Preschool Information	9	4	1	1	6	2
Financial Resources	1	1	-	-	1	-
Food Resources (Women Infants & ChildrenWIC)	8	3	9	5	6	5
General Parenting Support; Community/Group Participation; Social Support Network (Parenting Partners, Peapod, Café Mom)	56	18	54	9	33	17
Health Insurance	1	0	-	-	1	-
Language/Literacy Activities	44	22	10	4	13	6
Medical Services	20	10	15	9	11	6
Mental Health Services	9	5	13	7	12	7
Subsidy for Child Care/Preschool	5	3	-	-	-	-
Other	12	1	11	2	5	4
Total	184	77	131	51	96	53
% Accessed	42%		39%		55%	

#### **Breastfeeding Rates**

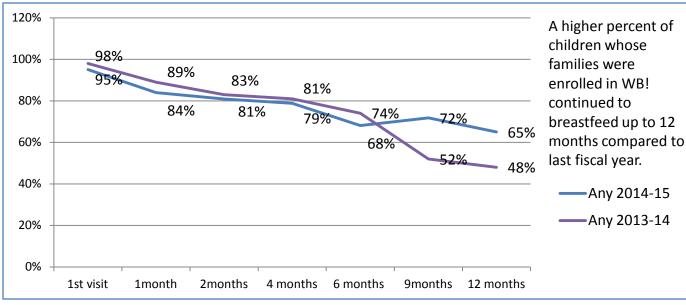




Children whose families are enrolled in the Welcome Baby program continue to increase the duration of exclusive breastfeeding.

- WB! Families Visited FY 2014/15
- WB! Families Visited FY 2013/14
- California (CDC Data, 2014)

#### WB! Breastfeeding Rates



69%

60%

4

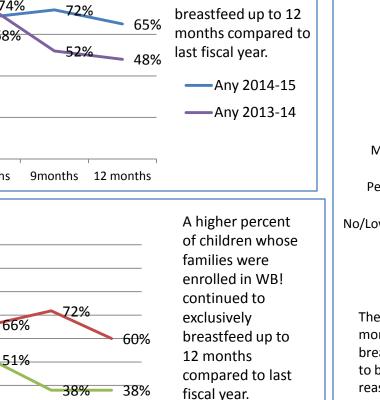
5

6

7

63%

3



Exclusive 2014-15

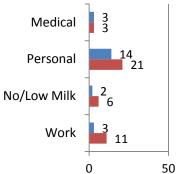
Exclusive 2013-14



### Reasons Moms Quit Breastfeeding







The most common reason moms in WB! quit breastfeeding continued to be for personal reasons.

100%

90%

80%

70%

60%

50%

40%

30% 20%

10%

0%

1

91%

78%

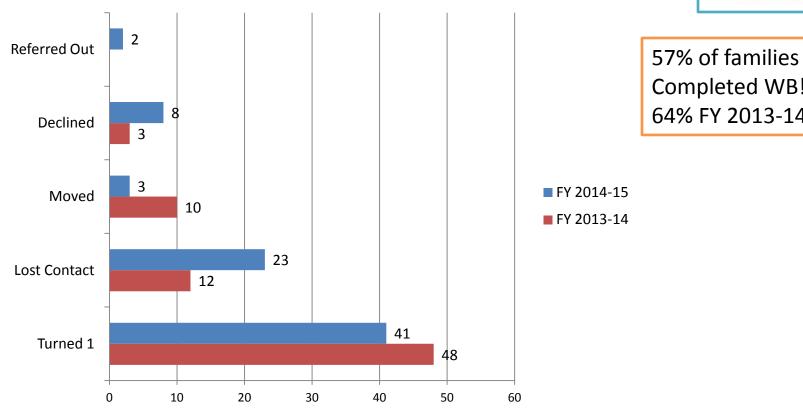
75%

2

89%

#### Reason Exited from Welcome Baby!





Completed WB! 64% FY 2013-14

The primary reason families exited the WB! Program continued to be because they turned a year old and the program ends when the child turns 1 year old.

#### Welcome Baby! Exit Survey Results

200
Welcome

	Strongly Agree	
The Home Visiting Program: (N=16)	FY 14-15	FY 13-14
Helped me to feel more confident in my parenting abilities	81%	88%
Improved my knowledge of my baby's growth and development	94%	79%
Provided a supportive outlet for talking about parenting	88%	96%
Gave me new ideas and tools for parenting	88%	100%
Answered my questions and addressed my concerns	88%	96%
Suggested helpful community resources	81%	92%
Did you receive breastfeeding support from a home visitor?	88%	88%
The breastfeeding support I received helped me: (N=14)		
Understand the importance of breastfeeding my newborn	86%	95%
Learn how to breastfeed my newborn	79%	95%
Overcome challenges to breastfeeding	86%	100%

#### Welcome Baby! Exit Survey Comments



What were the strong points of the home visiting program?

- I appreciated the handouts with all the tips and reminders of "where" my child should be. We love Lara!
- Molly was very supportive and prepared with activities and information each visit. It was a huge benefit to have someone to discuss any concerns I had about parenting and stress of being a parent. Molly always followed up when she said she would.
- Learning the importance of breastfeeding. The support as a new mom that I got.
   All the information with books and talks about baby's growth and development.
- The emphasis on reading to your child was excellent. I love that we were given books.
- Breastfeeding, advice and education, giving me books that my baby loved and playing with my baby. (Translated)
- With the help and preparation and information on the growth and development of children and talking with my home visitor [I learned] about my baby and that playing and reading as a family [helps] a lot with their development. (Translated)



#### **Exit Survey Comments**



What suggestions do you have to improve the HV program?

- For some reason I struggled with feeding (food) with [my child]. I would love some kind of class, handout, etc. on baby nutrition/ toddler nutrition with <u>sample menus</u>, not just guidelines and suggestions.
- I wish we could have continued it longer.
- Go each month. (Translated)
- I think that it would be perfect if they gave me advice on toilet learning and how to pronounce the most common words. (Translated)



#### Childbirth Education

Classes for expecting parents and partners



Participation	
Fall 2014	8
Spring 2015	Canceled
<b>Total Participation</b>	8

What did you like best about the class?

- Confidence building experience and very informative with current research and findings.
- Deanna was an asset. A lot of information. Interactive learning.
- Meeting other new parents and gaining confidence in giving birth by learning how to manage pain and work together.

#### Comments

- Some real testimonials/guest speakers might be beneficial.
- After care would have loved to have known more.
- Have it be longer. I felt like there were more things we could have covered.

## :Y 2014-15

#### **Breastfeeding Support Group**

Weekly breastfeeding support group



Participation	
Parents served	5
Groups offered	20
Average attendance	.25

Breast pump loans 4
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#### **SCHOOL READINESS**

Investment: \$85,235

Funding support from First 5 California Small County Augmentation (\$85,235)

Kindergarten Round Up, Pre-K Assessments & Summer Bridge

Funded by First 5 Mono

Conducted by Eastern Sierra and Mammoth Unified School Districts

Raising a Reader

Funding Partner: Mono County Libraries

Conducted by Mono County Libraries, Story Time Bridgeport, Walker, and Mammoth Spanish by First 5 Mono

Readers' Theatre

Conducted & funded by First 5 Mono

First Book

Conducted & funded by First 5 Mono

#### Rational

A child's education begins very early. Since school-based educational systems don't begin until 3 -5 years of age, First 5 promotes programs that help children get ready for school in the early years. School readiness programs include all the county's schools, childcare and preschool centers, special needs programs, and the Mono County Library System.

Supporting research for Raising a Reader includes, in part, the following publications: Organizational Research Services (2008); NPC Research (2008); Evaluation Solutions (2008); Thomas Keifer Consulting (2008); Harder & Co. Community Research (2008); Pacific Consulting Group (2007); Bentham and Associates (2007); Public Policy Research, Portland, OR and Oregon State University (2007);, CA State University Monterey Bay, Stanford University, Children's Health Council (2007)

Our other programs in this area are based on a high-quality local model based on participant survey data.

#### Transition to School Activities

#### Partners: Mammoth and Eastern Sierra Unified School Districts

- Kindergarten Round Up: Informational meeting held at all county elementary schools with parents of incoming kindergartners
  - Target: All families with incoming Kindergartners
  - Objectives:
    - Introduce families and children to the school, principal, and each other
    - Provide information on entering school and kindergarten readiness
    - Facilitate children and families' smooth transition into the education system
    - Enroll children in kindergarten
    - Sign children up for pre-k assessments and Summer Bridge
- Pre-Kindergarten Assessment: School readiness assessments conducted by teachers
  - Target: All incoming kindergartners
  - Objectives:
    - Assess incoming students' school readiness
    - Identify children's skill development needs before school begins
    - Identify children who are not school ready to refer to the Summer Bridge program
- Summer Bridge: Two week kindergarten transition program held in the summer for incoming kindergartners, especially those assessed as not ready for kindergarten
  - Target: Children assessed as not kindergarten ready, and, as space provides, other incoming kindergartners
  - Objectives:
    - Assess incoming students' school readiness
    - Identify children's skill development needs before school begins
    - Identify children who are not school ready to refer to the Summer Bridge program

#### Transition to School Reporting Cutoff

- Transition to school activities, Round Up, Assessments, and Summer Bridge are reported based on the year the cohort enters Kindergarten.
- Although Round Up—and in some cases assessments and Summer Bridge—are held in the previous fiscal year, to track a county-wide class cohort, activities are reported based on the FY in which the cohort enters Kindergarten
- FY 2014-15 transition to school reporting is for the class entering Kindergarten in August of 2014

  \*FY 2012-13 and earlier, the cohort was based on the FY in which Summer Bridge took place

<sup>\*</sup>FY 2012-13 and earlier, the cohort was based on the FY in which Summer Bridge took place

## :Y 2014-1

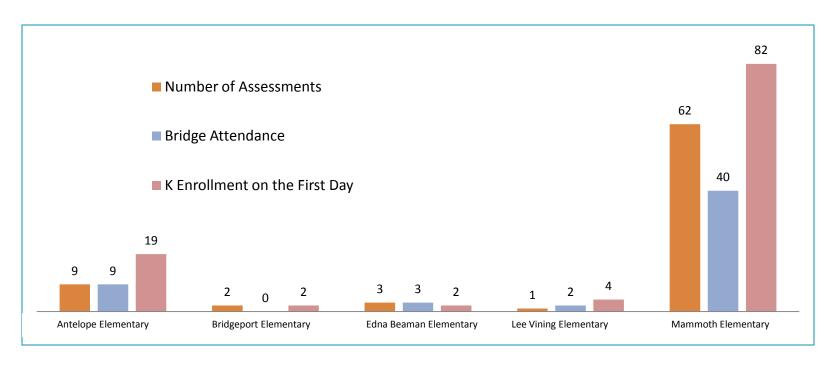
#### Kindergarten Round Up Attendance

March & April 2014 for class entering Kindergarten in August of 2014

	2014		% of Kindergartners who got a backpack at Round Up			
Elementary School	Attendance	Backpacks Distributed	FY 2014-15	FY 2013-14	FY 2012-13	
Antelope	29	11	58%	61%	93%	
Bridgeport	6	2	100%	50%	100%	
Edna Beaman	1	1	50%	25%	133%	
Lee Vining	13	5	125%	71%	44%	
Mammoth	176	73	89% 94% 97%		97%	
Total	308	89	84%	83%	90%	

#### Transition to School Participation

April - August 2014

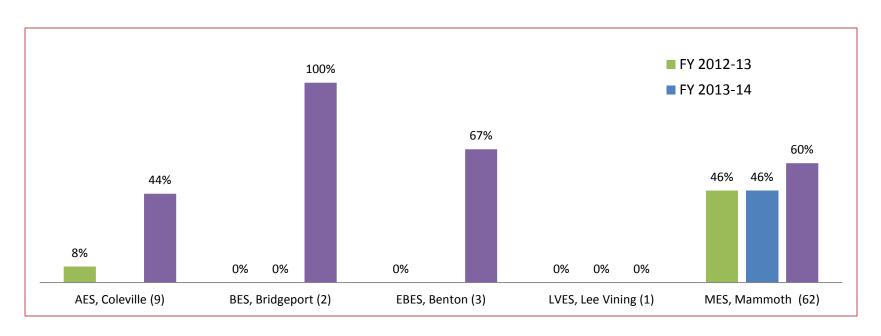


County-wide school districts were only able to conduct assessments on 60% of the incoming Kindergarten class. Summer Bridge slots at most sites were also not filled either based upon the maximum number of slots or the number of incoming students. In Edna Beaman, more students attended Summer Bridge than Kindergarten, likely because a family relocated before the school year started.

## Pre-K Assessments By Elementary School

Kindergarten Assessments

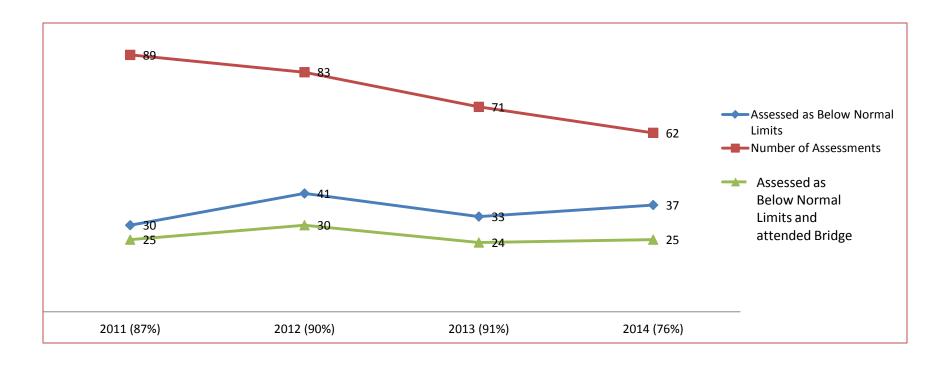
Students Assessed as "Not Ready"



Assessments continue to demonstrate a high number of children across the county are not school ready prior to kindergarten entry. Assessments were only conducted with 60% of the incoming kindergarten class though, so the readiness of the entire class remains unknown.

### Mammoth Elementary School Assessments 2011-2014

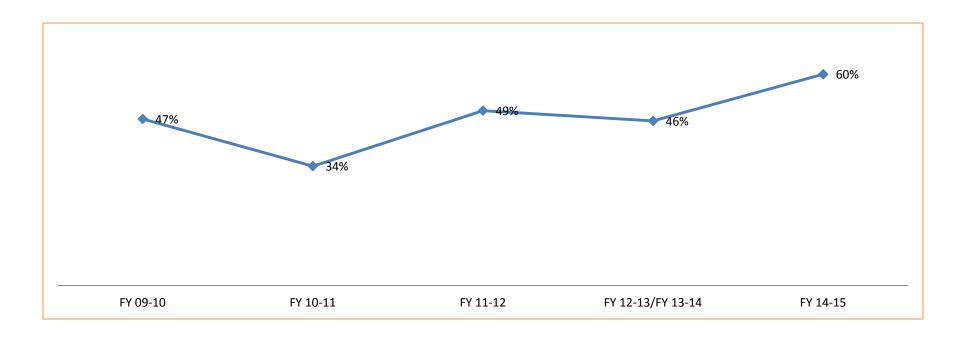
Kindergarten Assessments



At Mammoth Elementary School, both the number and percent of assessments has declined from 2011 to 2014. The majority of students assessed as not kindergarten ready between 2011 and 2014 ("below normal limits") attend Summer Bridge.

### Mammoth Elementary School Students Assessed as "Not Ready"

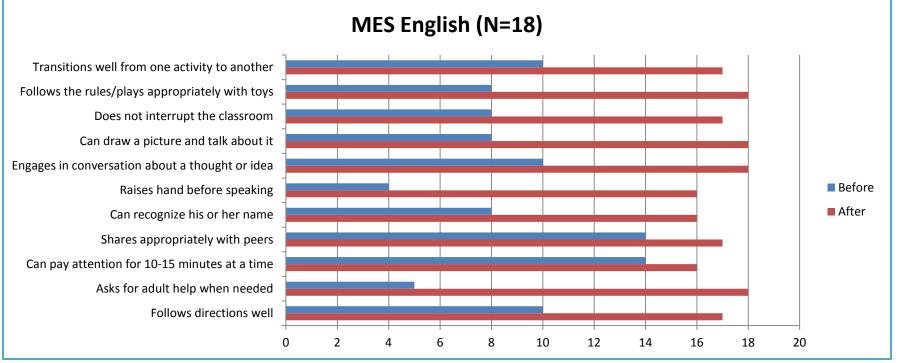
Kindergarten Assessments



Between 2009 and 20015 at Mammoth Elementary School, the percent of incoming Kindergartners assessed as not kindergarten ready increased from 47% to 60%

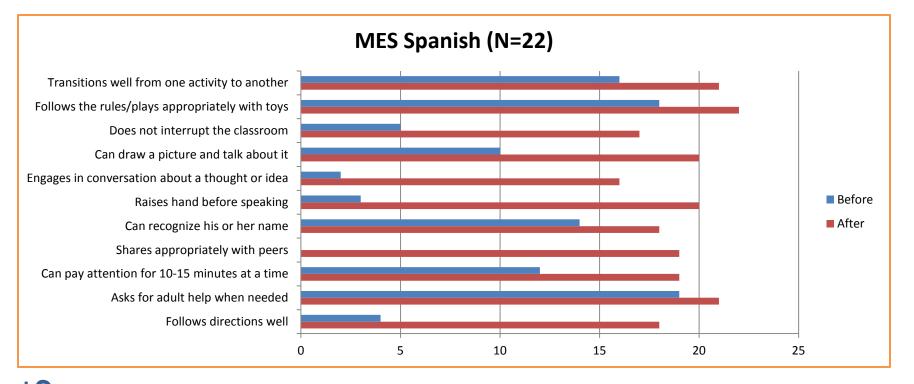
Mammoth Elementary School (MES)

<u>English Summer Bridge Teacher Survey</u>



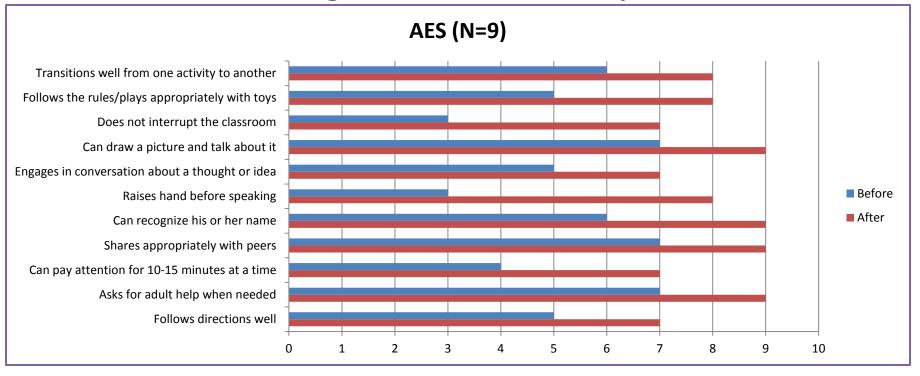
Teachers in the English Mammoth Summer Bridge program report great gains in every category of student skills after having attended the program.

## Mammoth Elementary School (MES) Spanish Summer Bridge Teacher Survey



Teachers in the Spanish Mammoth Summer Bridge program report great gains in every category of student skills after having attended the program. "Sharing appropriately with peers" gains reported were from no students to 17 students.

## Antelope Elementary School (AES) Summer Bridge Teacher Survey

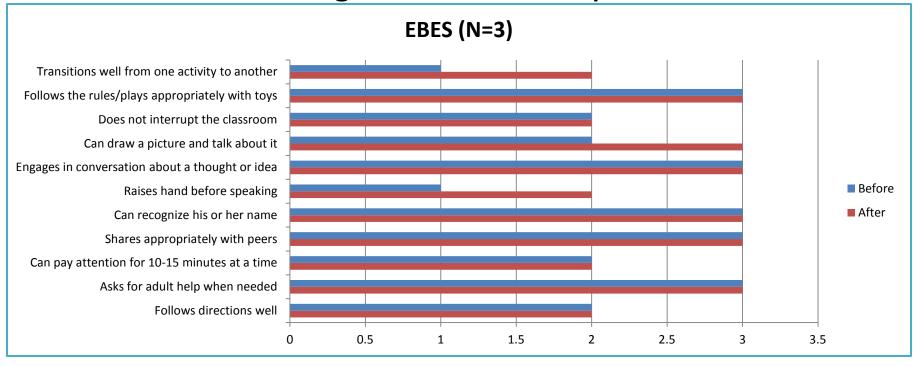


The Teacher in the Antelope Elementary School Summer Bridge program report great gains in every category of student skills after having attended the program. "Does not interrupt in the classroom" gains reported were from 3 students to 7 students.

#### Bridgeport Elementary School Summer Bridge Teacher Survey

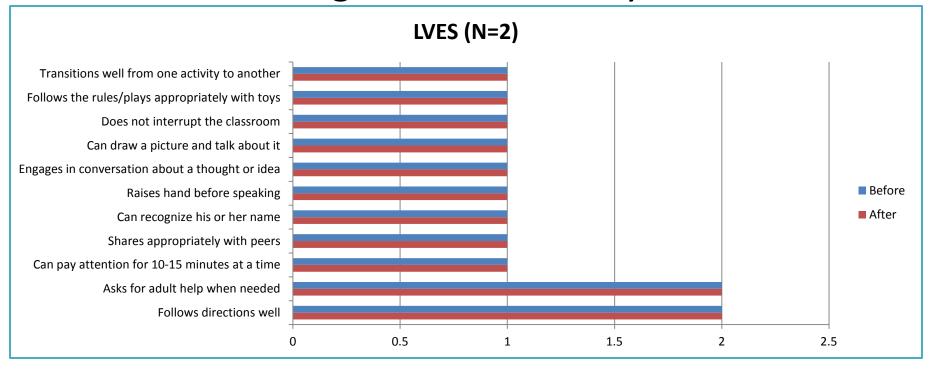
 Bridgeport Elementary did not hold Summer Bridge in FY 2014-15

### Edna Beaman Elementary School (EBES) Summer Bridge Teacher Survey



The teacher in the Edna Beaman Elementary School Summer Bridge program report gains in several categories of student skills after having attended the program. "Transitions well from one activity to another" gains reported were from 1 student to 2 students.

## Lee Vining Elementary School (LVES) Summer Bridge Teacher Survey



The Teacher in the Lee Vining Elementary School Summer Bridge program report no gains in any category of student skills after having attended the program.

#### All Sites' Summer Bridge Teacher

Survey Comments
What were the most important things the children in your class got out of the Summer Bridge Program?

- Students are more comfortable following routines and classroom expectations
- Kids are much more comfortable with routine and following directions and with the teacher and the teacher's expectations.
- Exposure to classroom, routines and other students were some of the most important aspects of Bridge.

## FY 2014-15

## All Sites' Summer Bridge Parent Survey Results

In which ways do you feel this program helped prepare your child for kindergarten?

Classroom Skill	AES	BES	EBES	LVES	MES English	MES Spanish
N	(6/9)	N/A	(0/3)	(1/2)	(17/18)	(10/22)
Development of social skills	67%	-	-	0%	71%	80%
Adjusting to a group learning environment	67%	-	-	100%	65%	90%
Getting used to the classroom	83%	-	-	100%	76%	100%
Meeting the teachers	67%	-	-	100%	82%	90%
Learning how to follow directions	33%	-	-	100%	71%	100%
Increased attention span	33%	-	-	0%	53%	90%
Increased self-confidence	33%	-	-	100%	65%	90%

Parents of children in the Summer Bridge programs report meeting the teachers and getting used to the classroom as things about the Summer Bridge program in preparing their children for Kindergarten.

Summer Bridge

## FY 2014-19

## All Sites' Summer Bridge Parent Survey - Comments Does your child feel less anxious about starting school?

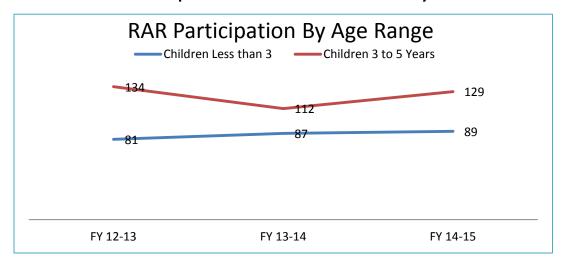
- He knows what to expect, can say goodbye to us without tears
- Gets her in the routine; lets her know what to expect
- I feel like she is more confident and comfortable around other children
- She is getting more confident, she is really shy so it helps her a lot
- It was very painful before and now not as much
- She is very happy to start school and to learn new things
- [My child] was afraid of the English language and the teacher, this program gave him confidence
- The first day of classes she didn't want to go and the second day she went by herself and remained calm without fear or pain
- No He still feels the same way, he still wants to go to school
  - No He's used to going to school and feels secure

## Raising a Reader (RAR)& Story Time Programs

Book bags distributed through libraries, child care providers, and preschools

#### Partner: Mono County Libraries

- Target: Families and child care providers with children birth to 5 years
- Objectives:
  - Improve early literacy
  - Encourage use of the library system
  - Increase parental and care-provider literacy activities
- Participation: 218 children
- For the first time this year, Peapod Leaders in Walker, Bridgeport and Mammoth Spanish conducted Story Time





	Yes	No	Maybe	Not Speaking
Do you feel your child continues to be excited about the Raising a Reader Program?	94%			
Do you feel the RAR Program increased the amount of time you read to your child?	77%	13%	10%	5
If yes to question two, how much did your time reading increase?				
1-2 days per week	25%	,		
3-4 days per week	54%			
5-6 days per week	3%	,		
7 days a week	17%	,		
Do you feel the RAR Program has continued to increase your child's interest in books?	91%	5 1%	8%	ò
If your child is speaking, do you feel that reading books has increased your child's vocabulary?	82%	4%	12%	3%
Do you feel the RAR Program has made you more apt to re-read books to your child?	79%	10%	10%	, )
Do you feel the RAR Program has increased your child's desire to visit the library?	54%	18%	25%	
If yes to question seven, how many times a week do you visit the library with your child?				
1-2 days per week	85%	,		
3-4 days per week	15%	,		
5-6 days per week	0%	,		
7 days a week	0%	,		
Do you feel the RAR Program needs improvement?	13%	87%		
Were the RAR handouts you received from your child's provider helpful?	89%	11%		

4-15

Parents in the Raising a reader program report increases in reading to their children's interest in books, vocabulary, and time spent being read to.

#### Do you feel the Raising a Reader program needs improvement?

- Perhaps longer story books instead of board books.
- •The books for 2-3 year olds were too young for my child. She did not have any interest in them. Too many books only had pictures or very little words. I would have liked to have access to the 4-5 year old program. Discontinued because of lack of interest.

## Readers' Theatre Program

Skits and book readings in child care facilities, preschools, and at story time



Target: Preschool-age children

**Objective:** Promote early literacy

—All participants were given It's Picnic

and Lee the Bee books

**Participation: 169 Children** 

#### **Readers' Theater Participation by Site**

	FY 2014-15	FY 2013-14	FY 2012-13
Child Care Providers	68	30	-
Coleville State Preschool	8	15	9
Mountain Warfare Training Child Development Center	23	28	13
Bridgeport Preschool	-	-	-
Lee Vining Head Start/State Preschool	10	8	6
Mammoth Story Hour	-	15	26
Mammoth Kids Corner	20	22	15
Mammoth Montessori	-	7	9
Mammoth Head Start/ State Preschool	22	19	20
Lutheran Preschool	17	12	6
Sierra Early Education Program	1	7	3
Total	169	163	107





## First Book Program

Free high-quality children's books distributed to children

- Target: Children birth to 5
- Objectives:
  - Increase early literacy in home environments
  - Facilitate positive parent-child interaction
  - Increase literacy for young children
- Participation:
  - 695 books total (448 FY 13-14)
    - 400 Welcome Baby! & Parenting Partners
    - **120** Health & Safety Fairs
    - 100 Early Start
    - 75 Raising a Reader



## CHILD CARE QUALITY

Investment: \$129,347

### Child Signature Project (CSP)

Serves Inyo, Mono & Alpine Counties Funded by First 5 California (\$62,911) Conducted by Inyo County Superintendant of Schools

## Comprehensive Approaches to Raising Educational Standards (CARES)

Serves Mono and Alpine Counties Funded by First 5 California (\$40,000) & First 5 Mono (\$26,436) Conducted by First 5 Mono

## Rational

First 5 Mono includes childcare quality in the strategic plan as many children spend a significant amount of their early years with their childcare provider. Educating child care providers on how to best meet the needs of children in their care helps ensure children will spend their formative years in optimal learning environments. Financial support from First 5 California facilitates county provision for programs that help create and maintain highquality child care.

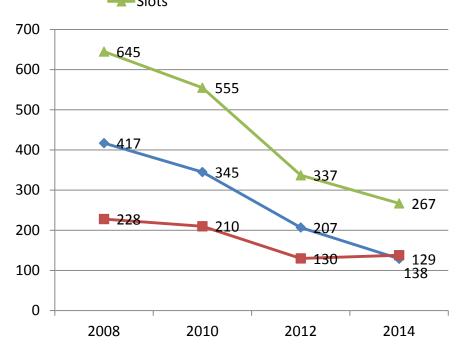
## FY 2014-15

## Child Care Slots and Sites in Mono County 2008-2014

Loss from 2008 to 2014: 378 slots (59%) 14 sites (39%)

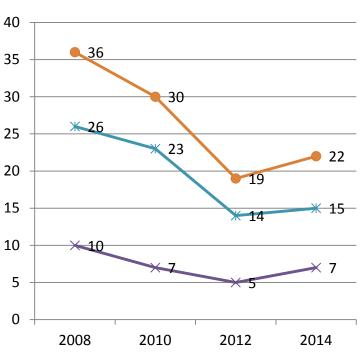
#### Number of Childcare Slots by Site Type

Slots in Licenced Child Care CentersSlots in Licenced Child Care HomesSlots



#### Number of Childcare Sites by Site Type

Number of Child Care Centers
Number of Child Care Homes
Number of sites



Both the number of child care sites and slots have decreased significantly from

2008 to 2014

Source: 2015 Child Care Portfolio

## Child Care Cost & Need

Childcare Need in Mono County & California					
	Mono County	California			
Children 0-12 with parents in the labor force	71%	66%			
Children 0-12 with parents in the labor force for whom a licensed child care slot is available	17%	25%			

Cost of Child Care in Mono County & California by Site Type							
	Licensed Child Care Centers Licensed Child Care Family Homes						
	Mono County	California					
Full-Time Infant Care	\$11,076	\$11,461	\$9,491	\$7,446			
Full-Time Preschool	\$7,916	\$7,982	\$8,669	\$7,050			

Source: 2013 Child Care Portfolio

## Child Signature Project (CSP)

Site quality improvement program for California State Preschool and Head Start sites

- Target: Preschool Classrooms
- Objectives:
  - Assess child care centers for quality indicators
  - Create an improvement plan for each site
  - Track implementation of goals
- Participation:
  - Inyo: 12 classrooms (9 sites)
  - Alpine: 1 classroom
  - Mono: 3 classrooms
    - Coleville State Preschool
    - Lee Vining Head Start/State Preschool
    - Mammoth Head Start/ State Preschool
- Activities:
  - All sites developed improvement plans.

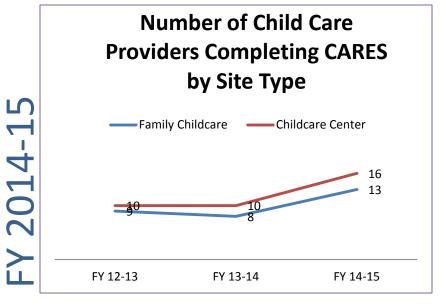


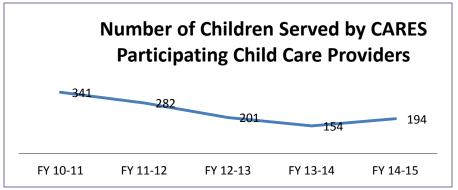
## Comprehensive Approaches to Raising Educational Standards (CARES)

Child care provider training program



- **Target:** Child care providers
- Objectives:
  - Increase child care providers' understanding of child development
  - Provide curriculum ideas for child care providers
  - Increase the quality of child care environments





Despite significant declines in childcare availability, provider participation rates increased between 2013 & 2015

## **ORAL HEALTH**

Investment: \$5,618

Funding support from First 5 California Small County Augmentations (\$5,618)

Oral health education, checks, and fluoride varnish application Conducted & funded by First 5 Mono

## Rational

The 2009 First 5 Mono Strategic Plan identified a significant community need in the area of oral health. Pediatricians saw visible tooth decay, and an opportunity to provide fluoride varnish and oral health education through paraprofessionals was developed. Pediatricians in the county continue to report significant needs for sustained efforts in oral health due to the high number of children with poor oral health.

## Oral Health Improvement Activities

- Target: Preschool aged children
- Purpose:
  - Provide semi-annual fluoride varnish application to all Mono County
     Children 1-5 not receiving services from a dentist
  - Educate children and parents about oral health

Provide free toothbrushes to families to help maintain good oral

health

**95, 14%** of Mono County children b-5 received at least one application of fluoride varnish via F5M programs.

145, 24% of all Mono County children b-5 received oral health education via F5M programs.

Oral Health Activities by Type and Site								
Location	Oral Health Checks	Oral Health Education	Fluoride Varnish	Total Services Provided				
Preschools/Child Care Homes/Story Hour	-	123	84	207				
Peapod	-	22	11	33				
Kindergarten Round Up Mammoth Elementary School	14	-	11*	25*				
Birth-to-Five Health & Safety Fairs (Antelope, Bridgeport, Lee Vining, and Edna Beaman Elementary Schools)	27	-	22*	49*				
FY 2014-15 Totals	41	145	128*	314*				
FY 2013-14 Totals	51	368	268	687				
FY 2012-13 Totals	71	304	179	483				
* May contain duplicates								

## FAMILY BEHAVIORAL HEALTH

Investment: \$39,919

Funding support from First 5 California Small County Augmentation (\$5,102)

### Peapod Playgroups

Funding Partner: Mono County Behavioral Health, prop. 63 (\$34,817) Conducted by First 5 Mono

## Rational

In such a rural and geographically isolated county, it is easy for families to feel alone. Opportunities for children and their parents are fewer than in more populated areas. To meet the social needs of parents and their children, a weekly playgroup program was developed.

## Peapod Playgroup Program



Weekly group meetings for parents and children

Partner: Mono County Behavioral Health

- Target: Parents and children, birth to 5 years old
- Objectives:
  - Decrease isolation by providing parents and children an opportunity to socialize
  - De-stigmatize seeking behavioral health services
  - Link families to community services
  - Encourage school readiness skills
  - Encourage early literacy

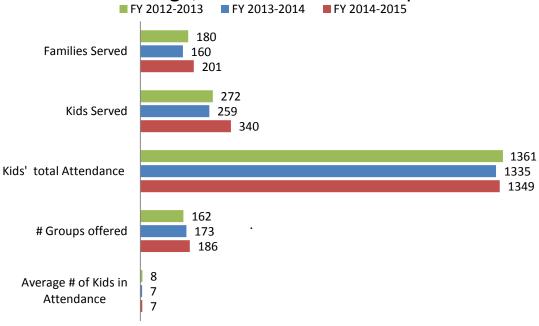
#### Schedule:

- Playgroups in:
  - Walker
  - Bridgeport
  - Lee Vining/June Lake
  - Crowley Lake
  - Mammoth English
  - Mammoth Spanish
  - Benton
- Sessions of 10 weekly playgroups
- 3-4 sessions per year in each location

## FY 2014-15

## **Peapod Participation**

Participation by Families & Children, Attendance Totals & Average, and Number of Groups Offered





Families Served by Location					
	FY 14-15	FY 13-14			
Benton	8	12			
Bridgeport	17	13			
Crowley Lake	43	48			
Lee Vining	15	13			
Mammoth English	59	42			
Mammoth Spanish	30	15			
Walker	29	21			

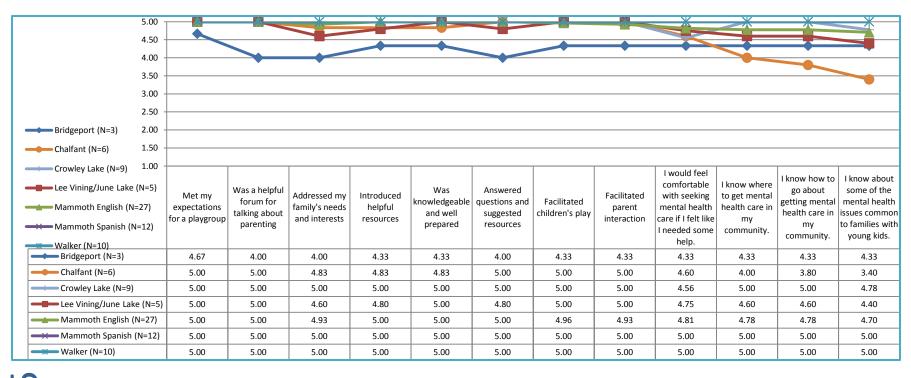
High numbers of children and families continue to be served through the Peapod Playgroup program



## FY 2014-15

## Peapod Playgroup Survey Response Averages By Site

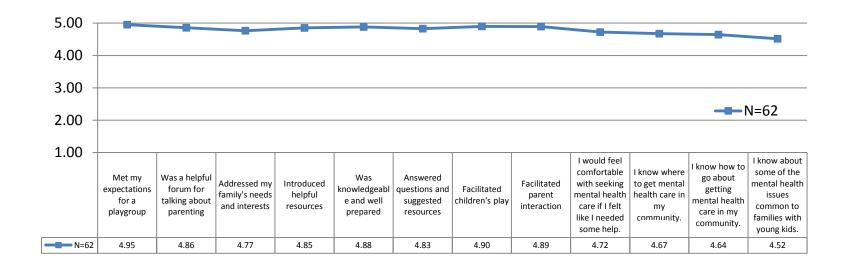




Families from all locations participating in Peapod Playgroups responses indicate they "agree" (4) or "strongly agree" with 9 of 10 quality indicator items surveyed.

## Peapod Playgroup Survey Response Average of all Sites



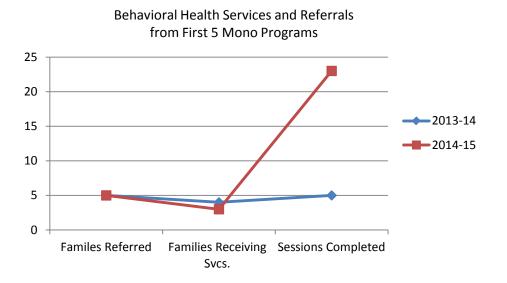


The overall average of family responses from all sites indicate they "agree" (4) or "strongly agree" (5) with all quality indicator items surveyed.

## Referrals from Peapod Playgroups to Mono County Behavioral Health



- Number of families referred: 5
- Number of families that received services: 3
- Total number of sessions completed for referrals from Peapod Playgroups and Home Visiting: 23 (5 paid for by First 5)



## Peapod Playgroup Survey Responses: Comments and Strengths



- Gives young kids the opportunity to be social in a rural environment
- Inter-parent support; helpful input from leaders
- Friendly atmosphere, supportive of all children's needs and mom's questions
- Lots of fun activities for kids. [My child] started walking after watching the kids at his playgroup!
- Building community with young parents
- Circle time, singing, crafts, getting together with other moms to chat about parenting challenges & joys
- The singing and interactive toys. I love that they relay the activities going on in town
- Discussing the different parenting tips and techniques; doing activities with all the kids
- Instructor invites parents to participate with their children. Great activities every Thursday
- Getting kids out of the house and playing with peers. Getting to connect with other moms.
- Easy and fun activities for kids of all ages. Children can focus on their faceto-face communication (Translated)

## Peapod Playgroup Survey Responses: Suggestions



- More organized arts and crafts
- More parent participation and topics about children's growth
- I strongly support allowing all caregivers to attend playgroups. First session went so well could we consider increasing enrollment #s?
- It would be great if there was another group, another day in the week. So popular why not add another group?! (Funding of course.) Or even a group for 0-2 and 3-5 would be best!!
- Maybe a class focusing on music one day (dancing, playing instruments, etc.). Considering taking more than 15 due to kids always either being sick or can't make it. Please take more! There is so little for families to do indoors.
- Maybe having more than one time available.
- More days of playgroup -- year round (Translated)
- A canopy at the park would be nice for the sun

## **CHILD SAFETY**

Investment: \$7,050

Funding support from First 5 California Small County Augmentations (\$7,050)

Safe Kids California, Mono Partners

Funding partner: Mono County Office of Education (\$3,878), additional funding support: Mammoth Lakes Police Dept.—car seats (\$1,957)

Coordinated by Mono County Office of Education

## Rational

There were no agencies in the county focused specifically on child safety prior to the formation of Safe Kids California, Mono Partners. While many agencies conducted safety activities, there was no coordination of services. Initially spearheaded by Mammoth Hospital, multiple community agencies met to pursue the formation of a Safe Kids Coalition. No other participating agency had the necessary funding or staff time to conduct coordinating activities. Based on higher than average injury data for Mono & Inyo Counties, and after learning the benefits of such collaborations, the Commission decided to fund the coordination of a Safe Kids California, Mono Partners group

## FY 2014-15

## Birth-to-5 Health & Safety Fairs

Partners: Mono County Public Health, Mono County Sheriffs, Inyo Mono Community Advocates (IMACA), and Eastern Sierra Unified School District, Community Service Solutions, Safe Kids California Mono Partners

- Target: Families with children birth to five years old
- Purpose: To bring services to the remote parts of the county where lack of access can prevent families from receiving services.
- Participation:

		Dika	Consost		Hearing & Vision		Totals	
School	Attendance	Bike Helmets	Car seat Checks	Fingerprints	Checks	FY 14-15	FY 13-14	FY 12-13
AES	40	8	1	16	-	25	48	9
BES	23	8	2	5	-	38	27	23
EBES	17	5	1	5	2	30	21	47
LVES	26	5	2	7	6	46	22	59
Total	44	25	7	23	19	139*	118*	138*

<sup>\*</sup> Omits oral health and First Book numbers as they are reported under oral health & First Book

## Health & Safety Fair: Mammoth Lakes

Health & Safety Fairs

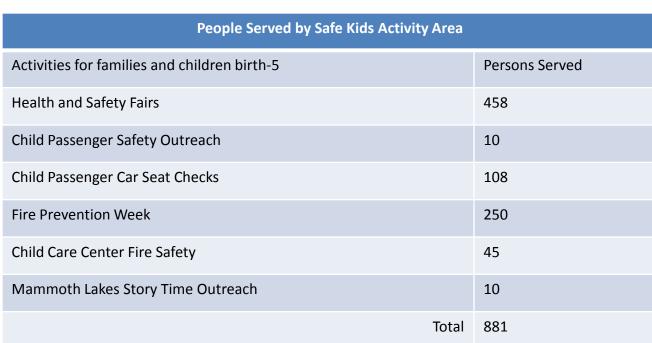
Mammoth Lakes Health & Safety Fair Participation by Activity Type 2014 & 2015					
Activities	2015	2014			
Attendance	350	350			
Poison Prevention Info.	-	56			
Car Seat Info.	-	45			
Nutrition Info.	34	120			
Child Care Provider List Distributed	17	25			
Foster Care Info.	-	20			
Radon Info.	-	40			
Gun Safety	-	Unk.			
Bike Helmets	70	28			
Water bottles/ 75210 info.	97	100			
Toothbrushes	-	200			
Car Seat Checks	14	15			
Home Safety Kits	10	-			
TV Tethers	10	-			
Fruit & hot dogs	400	-			
Total Activities	1,002	593			





## Y 2014-1

## Safe Kids California, Mono Partners





# Risk areas addressed through Safe Kids Activities bicycle ,109 helmets were purchased and distributed TV and furniture tip-overs car seat , 17 seats were purchased and distributed wheeled sports carbon monoxide bullying fire/burn/scald disaster/emergency preparedness medication E-cigarettes/liquid nicotine poisoning Fire arms suffocation and sleep

## **RESULTS AND INDICATORS**

### Result Areas:

Mono County children 0-5 are educated to their greatest potential.

All Mono County Children 0-5 are healthy.

### Result: Mono County children 0-5 are educated to their greatest potential.

Indicator Investment Areas: Home Visiting & Family Behavioral Health

 Number and percent of children in households where parents and other family members are receiving child-development and parenting education.
 502, 72%

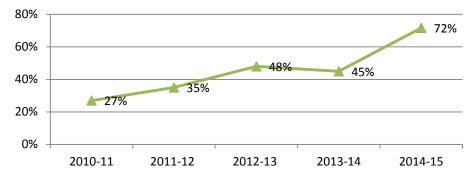
### Result: All Mono County children 0-5 are healthy.

Indicator Investment Areas: Home Visiting & Family Behavioral Health

 Number and percent of children in families provided with information about appropriate community services. 502, 72%

[Source: Children in commission-run programs with child-development education & referral components/children birth to five in Mono County, 2010 US Census and Census projections: 2010-11, 848; 2011-12, 822; 2012-13, & 13-14 764; 2014-15 700]

### Percent of Mono County Children in Families Served by First 5 Mono Programs with a Community Service Referral Component



## FY 2014-15

### Result: Mono County children 0-5 are educated to their greatest potential.

### Indicators Investment area: Home Visiting

 Number and percent of children 6 months to 5 years old screened for developmental delays. 179, 26% (FY 2013-14, 23%; 2012-13 16%)

[Source: Children in commission-run programs with developmental screenings/children birth to five in Mono County, 2010 US Census 2014 projection, 700 ]

### Indicators Investment area: Child Care Quality

- Number and percent of children served in home child care settings and childcare centers that exhibit moderate to high quality as measured by a quality index. unavailable
- Number and percent of licensed child care providers in Mono County advancing on the Child Development Permit Matrix.

0,0%

[Source: Child Development Training Consortium permit submission—0 for FY 11-12, 13-14, and 14-15—1 in 12-13]

Number and percent of licensed center and family child care spaces per 100 children. 36, 36%

[Source: number of child care spaces on the county list of licensed providers serving local birth-to kindergarten age, 249/children birth to five in Mono County, 2010 US Census 2014 projection, 700]

## Result: Mono County children 0-5 are educated to their greatest potential. (continued)

#### Indicators Investment Area: School Readiness

 Number and percent of children "ready for school" upon entering Kindergarten.
 56, 51%

[Source: In-school teacher surveys/ number of kindergartners, 109]

 Number and percent of children who have ever attended a preschool, Pre-K, or Head Start program by the time of Kindergarten entry. 19, 54%

[Source: Summer Bridge Parent Surveys n=35]

 Number and percent of children receiving Kindergarten transition support. 75, 69%

[Source: number of assessments --75 (or bridge enrollment whichever is higher)/ number of children on the first day of kindergarten, 109]

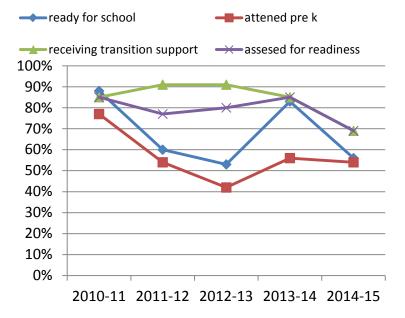
 Number and percent of entering Kindergarteners assessed for school readiness prior to entry.

75,69%

[Source: number of assessments, 75/number of children on the first day of Kindergarten, 109]

## Percent of Children Served by Transition to School Activity and





### **Result:** All Mono County children 0-5 are healthy.

#### Indicators Investment area: Home Visiting

 Number and percent of children where breastfeeding is successfully initiated and sustained.

At hospital discharge, any 112, 98%

[Source: California Department of Public Health, 2014]

In Welcome Baby!

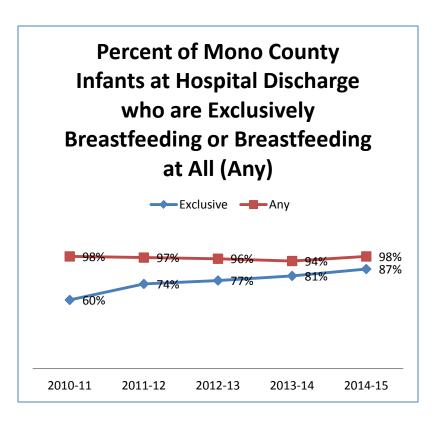
at 6 months, any: 68%

at 12 months, any: 65%

(percentage calculated using the number of moms receiving a visit at each interval)

Number and percent of children
 0 to 5 years of age who are in the
 expected range of weight for
 their height and age, or BMI.

Unavailable



### **Result:** All Mono County children 0-5 are healthy. (continued)

#### Indicators Investment area: Oral Health

Number and percent of children who regularly access preventive dental care.
 unavailable

[Source for FY 2013-14: Number of oral evaluations in Sierra Park Clinic/2010 US Census and Census projections children under 5: 2014 700]

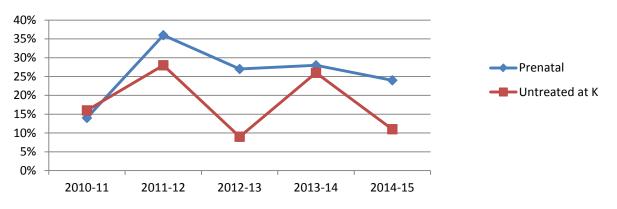
 Number and percent of children ages 1 or older who receive annual dental screenings. unavailable

[Source for FY 2013-14: Number of oral evaluations in Sierra Park Clinic/2010 US Census and Census projections children under 5: 2014 700]

- Number and percent of children at Kindergarten entry with untreated dental problems. 5, 11%
- [Source 2014 Kindergarten Round Up Oral Health Assessments n=45]
- Number and percent of prenatal women who receive dental hygiene education.
   34, 24%

[Source: Number of prenatal WB! Visits/ California Department of Health Projections number of births, 144]

Percentage of Prenatal Women receiving Dental Hygiene Education form First 5 (Prenatal) & Percentage of dental carries untreated at Kindergarten entry (Untreated at K)



## **FISCAL OVERVIEW**

## **Fiscal Overview**

Income	Actual	Budget
Prop. 10 Tax Revenue	\$89,001.59	\$87,352
Small County Augmentation	\$260,998.41	\$262,648
SMIF (Surplus Money Investment Fund)	\$27.72	\$27.00
CAPIT (Parenting Partners)	\$29,902.12	\$29,882
CARES Plus Program	\$40,000.00	\$40,000
Child Signature Program	\$62,910.91	\$57,000
Peapod Program (Prop. 63 Funds)	\$34,817.42	\$34,471.42
Raising a Reader	\$3,801.68	\$5,000
Miscellaneous	\$5,482.07	\$2,020
Interest on F5 Trust Fund	\$5,908.71	\$5,232
Total Incon	s \$532,850.63	\$523,632.42

## Fiscal Overview

Expense	Actual	Budget	% of Budget	Strategic Plan
Home Visiting	\$140,643	\$144,377	27.5%	34%
Welcome Baby!	\$82,080	\$80,820		
CAPIT	\$54,414	\$59,257		
School Readiness	\$85,235	\$86,527	16.5%	19%
Transition to School	\$15,823	\$18,500		
Raising a Reader	\$38,000	\$38,000		
Child Care Quality	\$129,347	\$117,000	22%	9%
CARES	\$66,436	\$60,000		
Child Signature Project	\$62,911	\$57,000		
Oral Health	\$5,618	\$6,379	1%	1%
Peapod	\$39,919	\$45,106	7.7%	7%
Safe Kids Coalition	\$7,050	\$7,000	1%	2%
Operations/Support	\$105,585	\$111,800	21%	28%
Total Expenses	\$526,786	\$523,632		
Total Income	\$532,851	\$523,632		
Net Income	\$6,065	\$0		

#### First 5 Mono Revenue and Expenditure 2005-20015 Actual and 2015-2020 Projections

